

Creating a GROWTH MINDSET in all learners



Being in a growth mindset can significantly improve attitudes towards learning. However, the evidence of impact in schools is disappointingly low. This is because ...

The problems

- People understand fixed mindset to be bad & growth mindset to be good; whereas the reality is much more complex.
- Growth mindset can work brilliantly in learning-focused environments but will often limit learning in performance-orientated environments.
- Contrary to some growth mindset interventions, reducing praise and introducing effort grades does very little to enhance learning attitudes.

Motivational posters are not enough to change your students' thinking.

Instead, a full suite of learning-orientated strategies are needed to create a growth mindset school.



Challenging Learning have designed workshops, resources and long-term processes to show you exactly how to benefit most from growth mindset, including ...

The solutions

- Balancing an emphasis on excellence with a learning orientation for all staff, students and parents.
- Understanding why attitudes towards failure contribute so significantly towards a person's mindset.
- Enhancing the impact of growth mindset by moving from a focus on "achievement & self-esteem" to an emphasis of "progress and self-efficacy."

By implementing these changes, you will give your learners the best chance of making significant gains from growth mindset.

Learning from failure

A teacher's attitude towards failure is more visible to their students than their mindset is, and therefore more likely to influence their students' attitudes.



Why choose Challenging Learning?

Challenging Learning brings international expertise and evidence to enhance your local context.

We represent a group of six companies with 30 consultants, researchers and admin staff in six countries. Working with some of the most respected researchers and leaders, we design professional learning that is effective, affordable and sustainable.

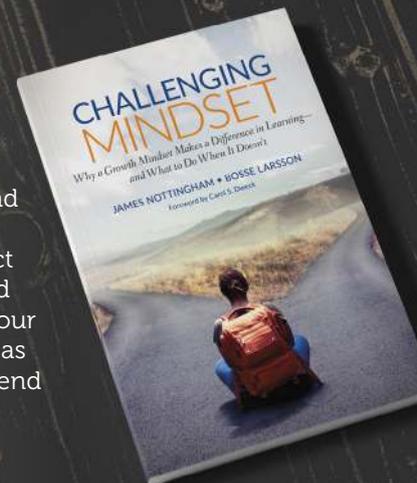
We offer in-school consultancy, study tours and regional teaching networks. Our main focus is on long-term, deep-impact projects. Currently, we have 32 projects with 198 schools, 41 pre-schools and 11 colleges in nine countries.

"Challenging Learning works at every level. Their team are challenging yet encouraging. The examples of how it could be and the insights into what success looks like will leave you wanting to do things differently without a bag of guilt to weigh you down."

Professor Mick Waters, 2016

"Nottingham and Larsson's new book is accessible and inviting. It will help you navigate the world of mindset concepts and research, and focus on actions that can have high impact. I respect these authors and enjoyed the clarity and good humour they bring to their book - as will you. I highly recommend Challenging Mindset."

Carol Dweck, 2019



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